

NutAvant[®]

PLUS FIBRA

High-calorie, high-protein **diet** with fibre

Recommended for patients with high-protein, high-calorie requirements who may benefit from fibre intake.

Calory density: 1,59 Kcal/ml
P/Carbs/Fat/Fibre = 21/39/38/2
Osmolarity: 360 mOsmol/l

NEW
COOKIE
FLAVOUR



NEW
COOKIE
FLAVOUR



NEW FORMULA

Financed by:

NHS
National Health Service



MULTIFLAVOUR PACK

24x250 ml
C.I. 505202



SUITABLE FOR COELIACS



Multiflavour
24X250 ml
C.I. 505202



Vanilla
24X250 ml
C.I. 505197



Strawberry
24X250 ml
C.I. 505198



Chocolate
24X250 ml
C.I. 505199



Cappuccino
24X250 ml
C.I. 505200

NEW FLAVOUR



Cookie
24X250 ml
C.I. 505201

FLAVOURS

HIGH-CALORIE, HIGH-PROTEIN DIET

NutAvant[®]

PLUS FIBRA

NUTRITION FACTS	100 ml	250 ml	
Energy value	668/159	1669/398	kJ/kcal
Total Fat	6,7	16,8	g
Of wich: Saturated fat	1,6	4,0	g
MCT	0,95	2,4	g
Saturated fat	1,6	4,0	g
Monounsaturated fat	2,3	5,6	g
Polyunsaturated fat	1,1	2,7	g
ω-3	0,34	0,85	g
ω-6	1,70	4,2	g
ω-6 to ω-3 ratio: 4.9/1			
Total Carbohydrate	15	39	g
Of wich: Sugars	1,5	3,8	g
Lactose	0,24	0,60	g
Dietary fibre	1,8	4,5	g
Of wich: Soluble fibre	1,1	2,8	g
Of wich: Insoluble fibre	0,7	1,6	g
Total protein	8,5	21	g
Salt	0,22	0,55	g
Of wich: Sodium	90	225	mg

MINERALS	100 ml	250 ml	
Calcium	129	323	mg
Phosphorous	87	218	mg
Magnesium	21	53	mg
Sodium	90	225	mg
Chloride	48	120	mg
Potassium	155	388	mg
Iron	1,5	3,8	mg
Zinc	1,0	2,5	mg
Copper	0,13	0,33	mg
Molybdenum	10	25	µg
Iodine	11	28	µg
Chrome	2,0	5	µg
Fluoride	0,0038	0,010	mg
Manganese	0,36	0,90	mg
Selenium	4,1	10	µg

VITAMINS	100 ml	250 ml	
Vitamin A	160	400	µg-ER
Vitamin E	1,8	4,5	mg α-ET
Vitamin D	0,85	2,1	µg
Vitamin K	6,0	15	µg
Vitamin C	6,0	15	mg
Thiamine	0,22	0,55	mg
Riboflavin	0,28	0,70	mg
Niacin	3,2	8,0	mg EN
Vitamin B6	0,28	0,70	mg
Vitamin B12	0,20	0,5	µg
Pantothenic acid	1,2	3,0	mg
Folid acid	40	100	µg
Biotin	10	25	µg
Inositol	31	78	mg
Choline	31	78	mg

Osmolarity: 360 mOsm/l

Osmolarity: 440 mOsm/kg

Low in lactose (not suitable for patients with galactosae-mia)

Low in salt (0,22 g / 100 ml)

Gluten free

NUTRITIONAL INFORMATION:

A standard serving (1,000 ml/day) contains 85 g of protein, 150 g of carbohydrates, 67 g of fat, 1,590 Kcal and provides 100% of the RDA (Recommended Daily Allowance) for vitamins and minerals.

Recommended for patients with high-protein, high-calorie requirements who may benefit from fibre intake.

SOURCES OF NUTRIENTS

PROTEINS 8,5 g / 100 ml

Milk protein concentrate, calcium caseinate, whey protein concentrate (lactalbumin).

FAT 6,7 g / 100 ml

Canola oil, corn oil, MCTs, milk fat and emulsifiers (including soy lecithin)

CARBOHYDRATES 15 g / 100 ml

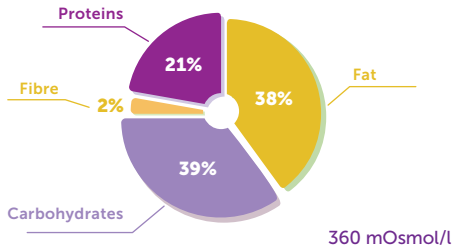
Maltodextrin, lactose.

DIETARY FIBRE (61% soluble fibre and 39% insoluble fibre) 1,8 g / 100 ml

Oligofructose, com dextrin, microcrystalline cellulose and HPMC.

NUTRIENT PROFILE

Calorie density: 1,59 kcal/ml P/Carbs/Fat/Fibre: 21/39/38/2



INDICACIONES

- Patients who are malnourished or at nutritional risk with high-calorie, high-protein requirements who may benefit from fibre intake.
- Patients with general metabolic stress, in pre- and post-operative care, with trauma sepsis or hip fractures.
- Cancer patients undergoing radiation therapy, chemotherapy, surgery or biologic therapies.
- Patients with sarcopenia and/or cachexia.
- Fragil elderly patients.
- Geriatric patients or with multiple pathologies who have difficulties meeting their nutritional needs.
- Patients with neurological diseases: Alzheimer's disease and other dementias, cerebrovascular diseases, multiple sclerosis, amyotrophic lateral sclerosis, Parkinson's disease.
- Patients with a digestive pathology.
- Patients with a respiratory pathology (COPD, cystic fibrosis)
- Prevention and adjuvant therapy for pressure ulcers.
- Patients suffering from anorexia secondary to a pathology or age-related anorexia.
- Patients with intestinal transit disorders and/or being treated with antibiotics.
- Suitable for patients over 3.

NUTRITIONAL VALUE PER 250 ml BOTTLE

Kcal	Proteins	Carbohydrates
398	21 g	39 g
Fat	Fibre	
16,8 g	4,5 g	

NutAvant[®]

PLUS DIABÉTICA

High-Calorie, High-Protein **Diet**
with fiber for patients with diabetes

*Contributes to a better glycaemic control
For tube or oral feeding.*

Calorie density: 1.20 Kcal/ml
P/CH/Fat/Fiber = 22/40/35/3
Osmolarity: 315 mOsmol/l

